



# ENDURANCE

HEBREWS 10:36

## Day 14: Endure Through Personal Struggles

### Scripture Readings:

Hebrews 10:36 (ESV)  
1 Timothy 1:18-19 (ESV)

### Observation:

Each man in the men's group I attended began to share some of their personal struggles. One man admitted that he wanted to give up on God because he felt as if God had abandoned him. The men in the group encouraged him to share more about his personal feelings, he began to open up that maybe it was not God who had abandoned him so much as he had abandoned God. As the conversation continued, he shared that he had stopped reading his Bible, quit attending church, and went to places he should not have gone. The man shared that his personal choices were not congruent with God's desires. His priorities were now focused on him. Paul speaks directly to Timothy concerning keeping the faith. Following Paul's advice, you can build up your endurance.

### Application:

- Describe a time in your life when you faced a personal struggle which caused you to isolate yourself from people.
- How can what Paul shared with Timothy help you to endure the struggles of life?
- In the next 30 days, intentionally make time to develop or strengthen a relationship with a man. Write down your plan.

TOM SEMBER has been involved in ministering to men for over 20 years. He is an ordained minister with the AG in the NY Ministry Network. Tom lives with his wife, Carolyn, and children in New York. You can connect with Tom on Facebook, Twitter, and LinkedIn.